



Who's in Charge?

Does your child hurt or intimidate you? Do you feel you are losing control? Do you want to handle conflict better?

Who's in Charge? is an 8 week program for parents or carers of young people (8 –18) who are beyond control, violent or defiant.

This is a **FREE** program that aims to:

- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame that parents feel
- Other ideas to help you develop individual strategies for managing your child's behaviour
- Help in understanding power in relationships and coping with stress
- Explore ways of increasing safety and well-being

When: Wednesdays from 30 July 2025 for 8 weeks | 9:30am – 12:00pm

Where: The Enfield Library, 1 Kensington Cres, Enfield SA 5085

Enquiries and Referrals:

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Centacare ☎ 8215 6700

*An initiative of Reconnect,
City of Port Adelaide Enfield and
Centacare Catholic Family Services*

