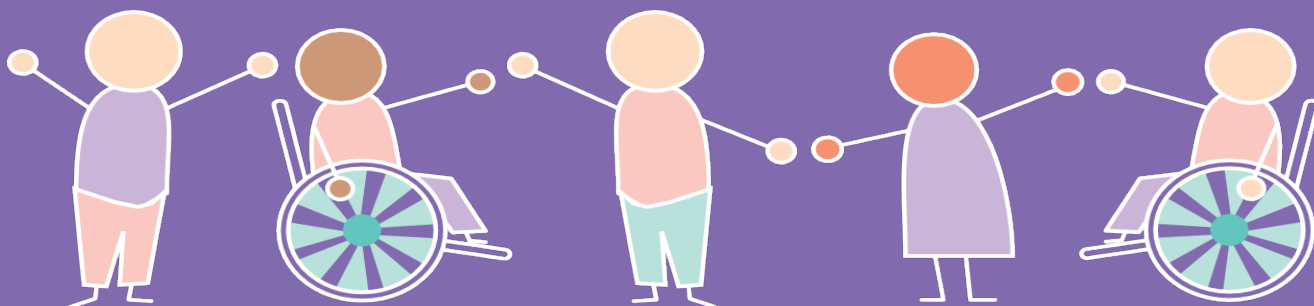


PARENT FORUMS



Presented by the Statewide Inclusive Education Services (SIES), parent forums are a supportive and safe space for families and caregivers to connect while gathering information and resources to support your child's education.



Term 3 topic: Supporting parent/carer wellbeing...avoiding burnout

Come along to hear presenters from SIES:

- *Steve Phillips, Aboriginal Cultural Officer*
A cultural mindful activity
- *Kara Savilla, Psychologist*
What is overwhelm? How does it affect us as parents?
- *Kate Mudge, Occupational Therapist*
Offering practical strategies to support your wellbeing

Click [here](#) to register



When:

Wed 12th Aug 2026
10.00am to 12.00pm
(presentations)
12pm to 1pm
(Nibbles & networking)



WHERE:

Statewide Inclusive Education Services

72a Marlborough Street
Henley Beach, SA 5022

or:

Watch Party at **Para Hills Community Hub** - SIES staff
facilitating

22 Wilkinson Road
Para Hills, SA 5096

or:

Streamed Online



8235 2871



Education.ParentFourm@sa.gov.au



www.sies.sa.edu.au/parent-forum/

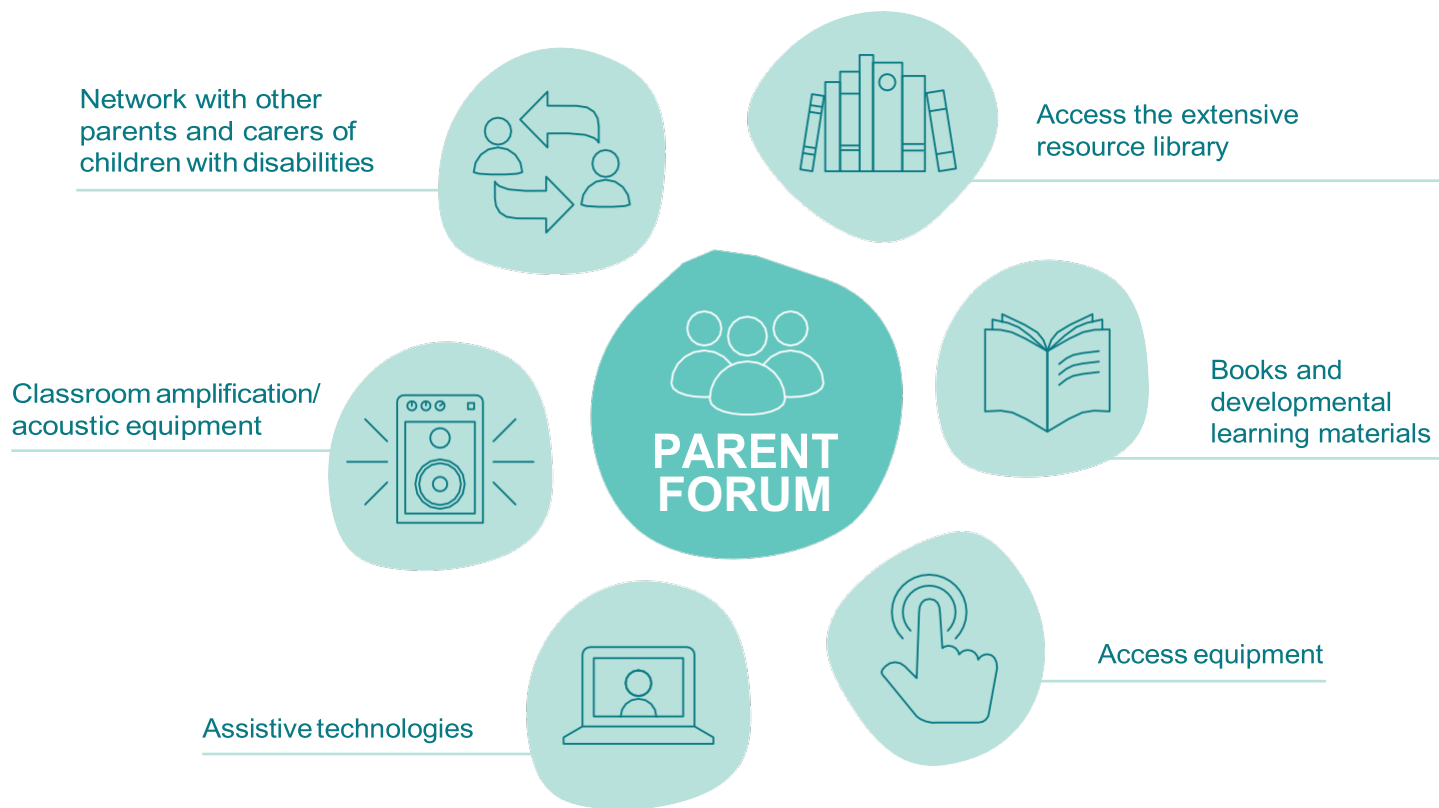


Government
of South Australia
Department for Education

PARENT FORUMS



Statewide Inclusive Education Services available at Henley Beach



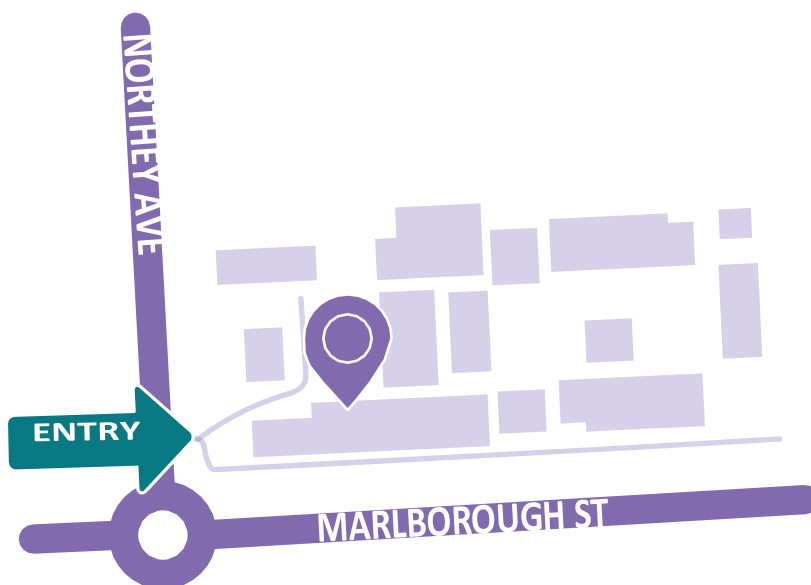
LOCATION AND ACCESS TO SIES

Parking is available in Northey Avenue, Marlborough Street and surrounding streets.

Entry to the parent forum is via the SIES reception from Northey Avenue.

Public transport

The H33 bus travels to and from the city via Marlborough Street. Stop 27 is the closest bus stop to SIES.



Scan here to register
and find out more.



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