



Wellbeing Day

RESILIENCE: THE POWER WITHIN

8:30 AM - 9.00 AM

Morning Pancakes

9:00 AM - 9.30 AM

Welcome

9.30 AM - 10.50 AM

Session 1

Cook & Connect A* | 7 - 12

Macramé Magic | All Ages

Pride Parade Creations | All Ages

Science Sparks | All Ages

Wheelchair AFL Challenge | 7 - 12

Parent Session | Parent/Carers **Onsite & Online

10.50 AM - 11.20 AM

Recess

Cook & Connect B* *repeat* | 7 - 12

Dungeons & Dragons (Part 1) | 7 - 12

Lego-mation Studio (Part 1) | All Ages

Power Up: Gym Workshop | 9 - 12

Slime Time | R - 6

Trivia Throwdown | All Ages

1.10 PM - 1.40 PM

Lunch

1.40 PM - 3.00 PM

Session 3

Cupcake Decorate Delight | All Ages

Dungeons & Dragons (Part 2) | 7 - 12

French Beauty Academy | 7 - 12

Graphic Workshop w Georgina C | All Ages

Lego-mation Studio (Part 2) | All Ages

Mindful Movement Yoga | All Ages

Move & Motivate Together | 7 - 12

3.00 PM

Farewell

*repeat session to allow more to participate