

Wellbeing Week Activity Timetable

*THE ACTIVITY SPANS
OVER 2-3 SESSIONS,
PLEASE ENSURE
ALL SESSIONS ARE
BOOKED

Tuesday
9th April

Wednesday
10th April

Thursday
11th April

Friday
12th April

Arrival & Daily Welcome

9am - 9:30am

Session 1 9:30am - 10:45am

A Tea Time Talk: Julie & Jeane
ALL AGES + PARENTS/CARERS

AIE - Game Art*
YEARS 7 - 12

Building Bonds through Shared
Interests
YEARS 7 - 12

Splash & Sip: Paint and Juice
Party
YEARS 7 - 12

Tie-Dying Extravaganza:
Rainbow Riot
YEARS R - 9

A Tea Time Talk: Julie & Jeane
ALL AGES + PARENTS/CARERS

Australian Native Foods
ALL AGES

Basket Weaving
YEARS R - 6

Bricks 4 Kids*
YEARS R - 9

Crafty Creations
ALL AGES

AIE - Game Design*
YEARS 7 - 12

Board Games & Wellness
Colouring Bonanza
ALL AGES

Groove in Silence:
Silent Disco
YEARS R - 6

Supporting Parents -
Resilience Building
PARENTS/CARERS

A Tea Time Talk: Julie & Jeane
ALL AGES + PARENTS/CARERS

Board Games & Wellness
Colouring Bonanza
ALL AGES

Dream & Beam: Moodboards +
Affirmation Jars
YEARS 7 - 12

Native Artifacts with Trent Hill
ALL AGES

Recess Break

10:45am - 11:15am

You will need to bring a snack and lunch each day.
Alternatively, the canteen on site will be open throughout the week to purchase food.

Session 2 11.15am - 1pm

AIE - Game Art*
(continued)
YEARS 7 - 12

Animals Anonymous
ALL AGES

Dungeons and Dragons*
YEARS 7 - 12

Groove in Silence:
Silent Disco
YEARS 7 - 12

Board Games & Wellness
Colouring Bonanza
ALL AGES

Bricks 4 Kids*
(continued)
YEARS R - 9

Crafty Creations
ALL AGES

Sign & Shine: AUSLAN
Name Fun
YEARS R - 9

AIE - Game Design*
(continued)
YEARS 7 - 12

Crafty Creations
YEARS R - 6

Culinary Carnival: A feast
of flavours
YEARS 10 - 12

Legomation*
YEARS R - 9

Unity Weaves:
Indigenous Mural*
ALL AGES

Circus Escape Room
YEARS 7 - 12

Improv Mania: Unleash your
inner actor
YEARS 7 - 12

Slime-tastic Science:
Wonders of slime
ALL AGES

Sports Spectacular: Let the
games begin
ALL AGES

Lunch break

1pm - 1:30pm

You will need to bring a snack and lunch each day.
Alternatively, the canteen on site will be open throughout the week to purchase food.

Session 3 1.30pm - 2.30pm

**Please note on 09/04
Session 3 is 90 minutes
and will finish at 3pm!**

Animals Anonymous
ALL AGES

Craft Creations
ALL AGES

Dungeons and Dragons*
(continued)
YEARS 7 - 12

Letter to my future self
YEARS 7 - 12

Bricks 4 Kids*
(continued)
YEARS R - 9

Bubble Blast: Marble Art
YEARS R - 6

Improv Mania: Unleash
your inner actor
YEARS 7 - 12

Sport Spectacular: Let the
games begin
YEARS 7 - 12

Tie-Dying Extravaganza:
Rainbow Riot
YEARS R - 9

Board Games & Wellness
Colouring Bonanza
ALL AGES

Circus Escape Room
YEARS 7 - 12

Japanese Tea Ceremony
YEARS 4 - 12

Legomation*
(continued)
YEARS R - 9

Unity Weaves:
Indigenous Mural*
(continued)
ALL AGES

**BBQ Lunch & Farewell
FOR ALL**

Session 4 3.00pm - 4.00pm

Official Opening: Garden
and Teaching Area
ALL AGES + PARENTS/CARERS
(Refreshments Provided)

Register for workshops at openaccess.edu.au/wellbeing-week